

Family Guidance Center presents



MIND
your
HEALTH

A Community Event

Stone House in Wyomissing
1216 Parkside Drive North
Saturday, May 18, 2019
9am - 1pm



Event Features:

5k Timed Run &
Family-Friendly Walk

FREE Family Activities include:

Vendor booths	Chair Massages
Yoga	Face Painting
Food	Balloon Animals
Carnival Games	Raffle Items

...and more!

Sponsorship Opportunities Available!



Sponsored in conjunction with
Wyomissing Parks & Recreation Department.

Detach here

Completed Registration Form Required for ALL Runners and Walkers
No Registration Required to Attend the Community Event

First Name: _____ Last Name: _____

Male Female Date of Birth: _____ Age on Race Day: _____

Address: _____

Phone: _____ Email: _____

Choose ONE: 5k Run 5k Family-Friendly Walk

See Reverse for Additional Details and Sponsor Information